


## Because You Matter

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## **SHAMMA Aesthetic Skin Care Services**

Our licensed and certified skin care specialists work under the direction of Dermatologists with years of groundbreaking experience in LASER and cosmetic procedures, the physicians and their team of Beauty Therapists can smooth out wrinkles, erase fine lines, fade brown spots, remove unwanted hair and more.

### **Our Services**

Our specially selected medical facial treatments are made to restore radiance, tone, texture and rejuvenate aging and tired skin.

Our treatments are made to leave your skin looking healthy, brighter, energized and refreshed.



- **Facial Treatments**

### **SHAMMA Signature Facial**

This is our signature facial. It combines advanced exfoliation techniques with best ingredient technologies to help restore radiance, tone the skin and give it an instant glow.

The treatment will leave your skin rejuvenated, energized and refreshed.

**Good for:** All skin types

**Duration:** 45 - 60 mins

**Regular Price:** AED 800

### **Deep Cleansing Facial**

Recommended for clients prone to oily skin or for those with congested skin (blackheads/whiteheads). This facial incorporates a combination of cleansing, exfoliation through steaming, facial extractions, followed by a hydrating and/or purifying mask.

We generally recommend beginning with this treatment and ensuring the skin is clear of impurities, dead skin cells and debris for better penetration of serums and light source or radio frequency energies (IPL or Venus Viva™).

**Good for:** All skin types

**Duration:** 60 - 90 mins

**Regular Price:** from AED 600





### **Medical Facial (Acne facial treatment)**

This facial provides a multi-modal approach to help manage the conditions of acne prone skin, including excess oil, uneven texture and comedones. Skin clarifying and calming technologies are combined to help improve the appearance of surface lesions, minimize redness, and reduce discomfort associated with acne-prone skin.

**Good for:** Acne prone skin  
**Duration:** 60 - 90 mins  
**Regular Price:** from AED 600

### **Pigment Balancing Facial**

The pigment balancing facial provides a combination approach to managing skin discoloration, tonal irregularities and unwanted pigmentation due to photodamage or hormonal changes.

Combining advanced discoloration technology with highly specified methods of exfoliation, this treatment helps manage the appearance of discoloration to achieve smoother, brighter skin with a more uniform skin tone.

**Good for:** Skin pigmentation, pigment balancing  
**Duration:** 60 mins  
**Regular Price:** AED 600





### **Deluxe Facial**

This facial takes your skin on a journey of total renewal. Designed to give an instant glow to your skin while refreshing and rejuvenating it at the same time. This facial experience is enhanced with a facial massage and completely tailored to your skin needs.

**Good for:** all skin types  
**Duration:** 60 mins  
**Regular Price:** AED 800

### **Anti-Aging Facial**

This facial treatment is designed to slow the aging process, brighten skin, and reduce wrinkles, giving the skin glow, youth and natural beauty.

**Good for:** Aging skin  
**Duration:** 45 - 60 mins  
**Regular Price:** AED 800





### **Aqua/Hydracial**

This is a unique hydra dermabrasion procedure that combines cleansing, exfoliating, extracting, hydration and anti-oxidant protection simultaneously, resulting in a clear, more beautiful skin with no discomfort or downtime.

This treatment is soothing, moisturizing, non-invasive and non-irritating.

**Good for:** Fine lines, wrinkles, elasticity and firmness, skin texture, brown spots and enlarged pores

**Duration:** 45 - 60 mins

**Regular Price:** AED 750

### **Anti-oxidant/Vitamin C Facial**

The best anti-radical treatment stimulating cellular regeneration. It has anti - oxidant and tissue firming properties and improves photo aging skin. A treatment that prevents cellular oxidation, giving the skin a replenished, revitalized and fresh look.

**Good for:** Aging skin, tired skin

**Duration:** 60 mins

**Regular Price:** AED 800



### Exclusive Facial for Men

This facial is specifically tailored for the needs of the male facial skin, which are often shaving-related, such as razor burn, or other conditions like skin sensitivity and dullness. The facial can be customized to the needs of one's skin: it targets skin roughened by spending time outdoors, acne, excessive sweating, living in the city, and skin conditions related to aging.

**Good for:** All skin types  
**Duration:** 45 - 60 mins  
**Regular Price:** AED 600

### Exclusive Packages

#### Bride & Groom Experience (packages)

This exclusive pre-wedding experience is specifically tailored to your needs. We usually recommend you start the program a month (or more) before the Big Day with a consultation with the dermatologist and beauty therapist.

As part of this exclusive experience you will be treated to a range of skin care and beauty treatments depending on your needs.

**Price:** Available upon request



- **Advanced Facial Treatments**

### **Intense Pulsed Light (IPL)**

IPL uses a broad spectrum of light which is primarily absorbed by melanin and is effective in reducing the appearance of sun spots, capillaries, elastosis and fine lines. It is a great treatment for patients who suffer from Rosacea and redness of the skin.

**Good for:** Sensitive skin  
**Duration:** 30 - 60 mins  
**Regular Price:** from AED 500

### **Carbon LASER Facial**

This gentle LASER treatment helps to reduce minor imperfections of the skin, such as enlarged pores, pigmentation, poor skin tone and assists in reducing the signs of aging.

**Good for:** Pigmented skin, tired and dull skin  
**Duration:** 30 mins  
**Regular Price:** AED 800

### **Venus Facelift Facial**

Invigorating facial treatment that tightens the skin and rejuvenates it from within. This facial treatment combines the power of active cosmetics with modern Radio Frequency technology (Venus Viva™) in order to deliver optimal results with no downtime.

**Good for:** Dry, tired and sun damaged skin  
**Duration:** 60 mins  
**Regular Price:** AED 1,000







## • Advanced Anti - Aging Therapies

### Venus Viva™ RF technology (Microneedling)

Venus Viva™ is a non-surgical solution for skin resurfacing that corrects signs of skin damage and improves the appearance of acne scars and other scars, stretch marks, enlarged pores, deep wrinkles, and uneven skin texture and pigmentation.

**Good for:** Scar revision, deep wrinkles, textural irregularities

**Duration:** 30 - 60 mins

**Regular Price:** AED 2,500

### Ultherapy®

Ultherapy is an advanced dermatology treatment using highly focused ultrasound energy to naturally lift and tone the face, neck and décolleté. It stimulates the production of collagen, which decreases with age. You only need to carry out one treatment a year and it is completely non-invasive.

**Also ask us about:**

Lips rejuvenation by Ultherapy®

Neck rejuvenation by Ultherapy®

**Good for:** Skin tightening and skin rejuvenation

**Duration:** 30 - 60 mins

**Regular Price:** depending on treated area





## Chemical Peels

Chemical peels are used to restore a youthful vibrant appearance to wrinkly, sun damaged skin. There are three main types of chemical peels and each has unique benefits to the skin:

**Light chemical peel** – improves acne scars and skin texture and reduces the effects of sun damage.

**Medium chemical peel** – smooths fine surface wrinkles, corrects pigment problems and improves acne as well.

**Deep chemical peel** – helps treat sun damaged skin, eliminates deep coarse wrinkles.

Talk to us in order to advise you on which peel is right for your skin.

**Good for:** Skin discoloration, pigmentation, textured skin and acne scarring

**Duration:** 30 mins

**Regular Price:** from AED 500



## Mesotherapy

Mesotherapy treatment is a non-surgical cosmetic solution aimed at diminishing problem areas in your body such as cellulite, excess weight, face and neck rejuvenation and also body contouring.

It is administered via numerous injections containing different medications, vitamins and minerals.

**Good for:** Face and body rejuvenation

**Duration:** 30 - 60 mins

**Regular Price:** from AED 750

**Also ask us about:**

MESOGOLD Gold Stamp

## Body

### CoolSculpting®

The CoolSculpting® procedure safely delivers precisely controlled cooling to gently and effectively target the fat cells underneath the skin.

Treated fat cells are frozen then die. Over time your body naturally processes the fat and eliminates these dead cells, leaving a more sculpted you.

**Good for:** Reduction of unwanted fat cells

**Duration:** 60 mins (per area)

**Regular Price:** from AED 3,000

**Also ask us about:**

Mesotherapy Body

Venus Viva™ Body

## General information

### Opening hours

Our Aesthetic Skin Care Services department is open daily from 10AM to 9PM.

### Prices

All services listed in this brochure are exclusive of 5 % VAT.

### Reservations and Cancellations

Advance booking is recommended to ensure availability of your preferred time and treatment.

We understand that unavoidable circumstances may arise and cancelling your appointment might be necessary. If you find yourself unable to keep your appointment, please contact the center at least one day before for us to be able to manage the therapist's timing in a way that suits other guests.

### Refunds

Our packages, gift vouchers and retail products sold at the pharmacy are non-refundable.

### Payment

We accept cash and all major credit cards.

### Arrival

Please arrive at least 15 minutes prior to your scheduled appointment to complete all needed paperwork prior to the commencement of your treatment.

### Jewelry

No jewelry should be worn at the department. The management and team working at the center accept no responsibility for the loss of money or valuables of any kind brought to the skin care services department.

### Mobile phones

To ensure your experience is relaxing we recommend you silent your mobile.

### Children

Children under 16 years old are not permitted to use the aesthetic skin care facilities (unless medically advised).

