



Welcome to SHAMMA Clinic

SHAMMA Clinic is a unique practice of world-class professionals, offering expert medical and cosmetic services specifically designed and tailored to your needs.

SHAMMA Clinic has ten departments of excellence in the following:

- General Medicine
- Dermatology & Anti-aging
- Pediatrics & Adolescent Medicine
- Plastic Surgery
- Vascular Surgery with emphasis on Vein Treatments & Wound Care
- Gynecology & Obstetrics
- Face & Body Aesthetic Treatments
- LASER Hair Removal
- Nutrition & Slimming
- Home Healthcare

We are a non-corporate physician owned and lead practice offering consultations and services by the most accomplished specialists in the region. All the physicians at SHAMMA Clinic received their education at the best universities and underwent rigorous training at internationally recognized hospitals.

SHAMMA clinic aims to bridge a foundation of trust with you and our team, and strives to offer personalized treatments of the highest standards to each and every one of you ***Because YOU Matter.***



OUR SERVICES

GENERAL MEDICINE

- Diagnosis and treatment of most common ailments
- Family practice
- General practice
- Medical and health check-ups
- Health information and advice
- Coordinating healthcare
- Prescription of medications
- Ordering of screening and medical tests
- Early intervention for those at risk
- Management of acute and chronic conditions
- Referrals to best specialist health professionals when needed

A close-up photograph of a woman's face, focusing on her eye and cheek. Her hand is gently touching her face near her eye. The image is partially framed by a teal and purple curved graphic on the left side.

OUR SERVICES

DERMATOLOGY AND ANTI-AGING

General Dermatology

- Examination and treatment of skin conditions
- Treatment of psoriasis, alopecia and vitiligo
- Treatment of skin pigmentation diseases
- Treatment of scars
- Treatment of autoimmune diseases
- Treatment of allergies (children and adults)
- Treatment of nail and hair disorders
- Mole examination/excision of moles
- Skin surgery
- Electrocauterization

Cosmetic Dermatology/ Anti-aging

- Botulinum toxin
- Dermal fillers
- Jaw line contouring
- Non-surgical nose reshaping
- Neck rejuvenation
- Treatment for face and body pigmentation
- Chemical peels
- PRP (Platelet Rich Plasma) treatment for the face and hair
- LASER face rejuvenation
- LASER face resurfacing
- Mesotherapy
- Thread lift
- Ultherapy® for skin tightening (face, neck, décolleté)
- Venus Viva™ micro needling RF (face, neck, décolleté)



OUR SERVICES

PEDIATRICS & ADOLESCENT MEDICINE

- Well baby visits and routine check ups
- Preventive care
- Anticipatory guidance and parent education
- Vaccinations
- Psychological problems and mental health
- Routine new born care
- Growth and development
- Nutrition and breastfeeding counseling
- Adolescent medicine
- Infectious diseases
- Chronic and acute illness
- Gastrointestinal disorders
- Asthma and allergies
- Pediatric rashes
- Pediatric emergencies

A close-up photograph of a woman's face, focusing on her eye and cheek area. There are several dashed lines drawn on her skin, indicating surgical incision lines for a procedure like a facelift or eyelid surgery. The woman has her eyes closed and is wearing light-colored makeup on her eyelids.

OUR SERVICES

PLASTIC SURGERY

- Facelift
- Eyelift (Blepharoplasty)
- Thread lift
- Rhinoplasty
- Breast augmentation
- Breast lift
- Breast reduction
- Gynecomastia (male breast reduction)
- Liposuction/ Laser liposuction
- Abdominoplasty (Tummy tuck)
- Arm lift
- “Brazilian Butt” lift



OUR SERVICES

VEINS CARE CLINIC

- Treatment of Spider Veins and Reticular Veins of legs
- Treatment of Varicose Veins of legs
- Treatment of unwanted hand veins
- Treatment of unwanted/unsightly veins of:
 - Face
 - Temples
 - Nose
 - Forehead
 - Feet
 - Breasts
- Treatment of hemangiomas

Therapies offered:

- Micro Sclerotherapy
- Foam Sclerotherapy
- Nano Sclerotherapy
- Ultrasound guided Sclerotherapy
- Veinlite® guided Sclerotherapy
- Endovenous Laser Treatment (EVLT)
- Micro phlebectomy
- Wound Care Clinic
 - Treatment of acute wounds
 - Treatment of chronic wounds
 - Treatment & prevention of venous leg ulcers
 - Treatment & prevention of diabetic foot wounds

OUR SERVICES

GYNECOLOGY & OBSTETRICS

- General Obstetrics and Gynecology
- Pregnancy care
- Menstruation
- Pelvic floor issues
- Contraception
- Gynecological cancers and screening
- Endometriosis
- Management of symptoms of menopause
- Breast cancer screening
- Cosmetic gynecology:
 - Labiaplasty
 - Vaginal Tightening
 - Vaginal bleaching
 - Vaginal rejuvenation
 - “G-shot”
 - FemiLift



OUR SERVICES

WELLNESS AND NUTRITION

- **The Face**
 - SHAMMA signature facial
 - Skin analysis/skin cleaning
 - Deep cleansing facial
 - Medical facial (acne treatment)
 - Microdermabrasion
 - Pigment balancing facial
 - Deluxe facial
 - Anti-aging facial
 - Aqua/Hydra facial
 - Vitamin C facial
 - Exclusive facial for men
- **The Body**
 - CoolSculpting® for non-surgical fat reduction
 - Venus Viva™ RF for body tightening
 - Electrolysis for permanent hair removal
- **LASER Hair Removal**
- **Nutrition support**
- **Weight management**
- **Irritable bowel syndrome**
- **Pediatric Nutrition**
 - General lifestyle modifications
 - Child weight management
 - Diabetes in children
 - Child metabolic syndrome and metabolic disorders
 - Failure to thrive in children
 - Nutritional deficiencies
 - Food allergies and food intolerances



OUR SERVICES

HOME HEALTHCARE

- **General Medicine Services**
 - Preventive healthcare and general health check up
 - Vaccinations, injections and IV fluids
 - IV therapies
 - ECG and Laboratory investigations
 - Suturing and suture removal
 - Wound care
 - Post-operative and post hospital discharge care
 - Nutrition home care service
 - Medication management
 - Pain management
 - Skilled nursing care
- **Pediatric Services**
 - Education, support and advocacy for parents
 - Expert advice on new born safety and hygiene
 - Advice and support on breastfeeding
 - Ways to soothe a crying baby
 - Vaccinations, checkups and laboratories
 - Infant CPR training for parents
 - Help to prepare a first aid kit at home